

2005 MENTAL HEALTH ASSOCIATION DONORS

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Corporations and Organizations: Coalition for Homeless Concerns, Inc., Greater Kansas City Community Foundation, The Guidance Center, Heart of America United Way, Mental Health Association of Greater St. Louis, National Mental Health Association, Sisters of Charity, United Way of Johnson County, REACH Healthcare Foundation, United Way of Wyandotte County and Wyandot Center-Community for Behavioral Healthcare Inc.

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Memorial Gifts: In memory of Donald E. Hixson: Jim Hixson and Eva Palmer. In memory of Richard Lindsay: Donald Ferguson, Carolyn Lindsay. In Memory of Dale Owen: Sharon Owen. In memory of Julius D. Wasbutsky: Robert Petter, Jr. In memory of Lucille Petillo: Michael Bean, Mike Bisacca, Robert Graves, Steve Hoover, Mary Hyatt, Peggy Manning, Sheila Padilla, Misty Patterson, Donald Seifert and Harold Smith. In memory of Howard McBride: Gary Thomas.

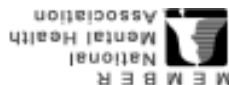
Government: City of Leavenworth, Missouri Department of Mental Health, Department of Housing & Urban Development, Johnson County Mental Health Center, Kansas Housing Resources Corporation and State of Kansas Department of Social and Rehabilitation Services.

Thank you for your generous donations. Your gifts enable the Mental Health Association of the Heartland to further our mission of promoting the mental health of the community and improving the quality of life for persons with mental illness.

**For more information on becoming a MHAH member, or if you wish to donate contact:
Susan Crain Lewis (913) 281-2221 ext. 122 or Ann M. Jones (913) 281-2221 ext. 125.**

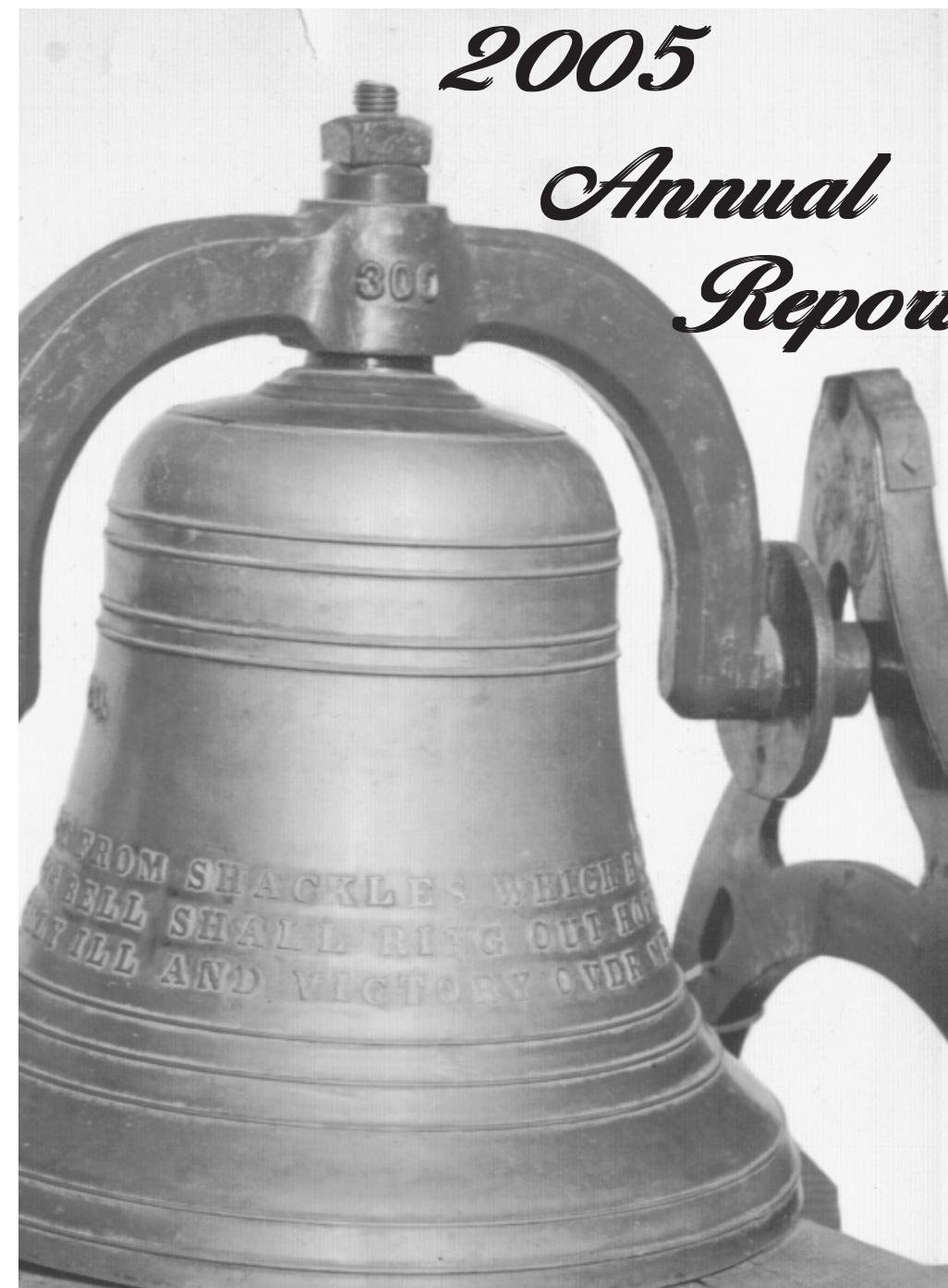
Mental Health Association of the Heartland is a registered 501c3 not for profit organization eligible to receive charitable contributions.

Funded through United Way



Mental Health Association *of the Heartland*

Advocacy, Education and Support in Kansas and Missouri



Our Vision

Mental Health Association of the Heartland envisions a just, humane and healthy society in which all people are accorded respect, dignity and the opportunity to achieve their full potential free from stigma and prejudice.

Our Mission

Mental Health Association of the Heartland is dedicated to promoting the mental health of the community, and improving the lives of persons with mental illness, through advocacy, education and support.

Advocacy, Education and Support in Kansas and Missouri
739 Minnesota Ave.
Kansas City, KS 66101

Mental Health Association

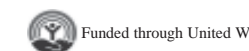


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(913) 281-2221

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Kansas City, Missouri 64109
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Interns

Resha Shestha Ginger Stanley

From the Chair



2005 was characterized by a number of events which underscored the agency's recovery from difficulties experienced in 2003. We began the year by lifting a two-year freeze on salary increases, with a budget that projected a slight surplus by year end, and a new accounting system that enabled more accurate and efficient tracking of our multiple funding sources.

In addition the agency received full certification from our United Way partners, and reaffiliation without reservation from the National Mental Health Association.

Virtually every program offered by the organization was expanded in 2005. Our consumer support services were consolidated into one program and renamed Advocacy and Recovery Services. Within this program the WASA (Wellness and Support Advocate) Program was a proud recipient of REACH Foundation funding, which expanded service delivery sites to 9 and our Compassionate Ear Warmline secured two new sources of funding and expanded outreach to 7 new counties.

Heartland Housing also saw dramatic expansion in 2005 with the highly visible, long-desired opening of our second permanent supportive housing site, Marion Apartments, in Leavenworth, Kansas. This newly constructed building provides a home and support to 10 formerly chronically homeless programs, 8 of whom are veterans. Residents in our first property have continued to do well – three of the 8 original tenants have continued to lease with us – the rest have moved on to and remained in independent living in other parts of the city and country. Finally, our Shelter Plus Care Housing Voucher Program increased funding and expanded service by 46%.

The agency continued to provide highly effective Community Education programming – a total of 54 classes were held, with 96% participant satisfaction rate. This includes our long-standing Police Training, which this year was modified to address concerns of jail personnel, and which boasts a 98% satisfaction rate. We also updated and distributed our self-help and support group directory, "In The Company of Others" and doubled our outreach and participation in health fairs and community events; and our A.N.S.W.E.R. (Adolescents Never Suicide When Everyone Responds) was featured at several national, state and local suicide prevention conferences.

Finally, our Board and staff undertook several projects and partnerships to promote the visibility of the agency, including co-sponsorship of 2 author-events with Rainy Day Books; a mural and new fencing alongside our parking lot with City Vision Ministries, and regular newsletters to a mailing list of 4,500.

I am deeply appreciative of the support and dedication of the Board, staff and community in working towards the realization of our mission and our vision of a just, humane and healthy society where people can achieve their full potential, and in the expansion of these crucial services.

Sincerely yours,
 Phil Chiles

2005 Board of Directors



Pictured: (1st row left to right) Sue Parkman-Haynes, Lee Rathbone-McCuan, Cathy Nix, Tracey Blaylock and Lillie Trimble.

(2nd Row) Susan Crain Lewis, Terry Harbert, Phil Chiles, Gary Evert, Richard Vogel and Brian Wimes

Not pictured: Ian Bautista, Cassie Trefz Braxdale, William Gabrielli, and Delois Tucker.

Programs

Advocacy & Recovery Support promotes the recovery and integration of individuals with mental illness into the community by providing peer and/or professional support services, advocacy (Individual, Systemic and/or Legislative), linkage, and intervention to ensure full receipt of and benefit from traditional psychiatric and social services. Two services currently under the Advocacy & Recovery Support are:

WASA (Wellness and Support Advocate) - a collaboration that places mental health consumers in positions of trust and responsibility within partnering social service organizations. In 2005 partner agencies were Rose Brooks (a domestic violence shelter), KC Free Health Clinic, reStart (a homeless shelter), Wyandot Center for Behavioral Healthcare Inc./Housing Authority in Kansas City, Kansas, El Centro and Coalition for Independence.

4,438 Peer Support Hours 523 Advocacy Hours
 1,689 Persons Served

Compassionate Ear Warmline is a consumer-run listening service with a toll free number, which operates from 5 p.m. to 10 p.m. daily, including holidays. The Warmline offers non-crisis supportive listening, coping strategies, information, and a reprieve from loneliness or isolation. This program also provides human service training and esteem-building employment opportunities for persons with mental illness.

496 Listening Hours 123 Training Hours
 1,478 Persons Served

Heartland Housing Initiative works to increase access to permanent, safe, decent, and affordable housing by developing housing options for individuals and families with mental illness or who are otherwise disabled. The Initiative researches successful, nationally recognized model housing programs, replicates these programs in the bi-state region, and provides technical assistance to other agencies and communities wanting to replicate our permanent supportive housing model.

In 2005 Heartland Housing activities included owning and managing supportive housing units, processing rent subsidy vouchers (such as Shelter-Plus-Care), and providing housing assistance, advocacy, and community coalition building.

121 Persons Housed 1,447 Hours of Support and Linkage

Community Education provides information about mental illness and its treatment in order to eradicate stigma, encourage screening and treatment, and translate knowledge into clinical practice to improve treatment and support services. The program works in collaboration with persons with mental illness, their family members, and professionals and social service providers to develop and tailor educational programs to meet the needs and interests of a wide variety of audiences.

In 2005 audiences included individuals with mental illness, parents, family members, employers, teachers, social workers, mental health advanced nurse practitioners and other nurses, nurse midwives, childcare workers, mental health counselors, therapists, MR/DD professionals, health care workers, police and correctional officers, clergy, child serving agency professionals, and parenting and childbirth educators.

54 Educational Workshops 1,503 Persons Educated
 223 Community Education Hours

Information & Referral is a direct link for the community that answers mental health questions, provides referrals to local community resources and information about treatment options for persons struggling with questions about mental health for themselves or others. Additionally, program staff participate in health fairs to educate and inform the community about mental health, publish the regional self-help and support group directory "In the Company of Others," and maintain a well stocked "Resource Room" with bulk pamphlets, books and videos to lend.

158 Hours of Service 498 People Served
 16,139 Pieces of Literature Distributed

A.N.S.W.E.R. (Adolescents Never Suicide When Everyone Responds) provides suicide prevention information, education, and resources to adolescents, parents and educators. The program identifies the risk factors and warning signs of depression and suicide, acknowledges common myths and misconceptions, and facilitates seeking help for depression and suicidal thoughts through both presentation content and one-to-one outreach and service linkage. A.N.S.W.E.R. also offers consultation on suicide prevention and postvention policies, procedures and resources to schools and organizations.

11,350 Participants 67 Schools Served

Mental Health Association of the Heartland

Selected Audited Financial Information
 Year Ended December 31, 2005

REVENUES, GAINS AND OTHER SUPPORT		EXPENSES:	
Contributions and Grants:		Program services	1,196,152
Individuals	\$ 17,368	Support Services:	
Foundations	215,273	Management and general	112,107
Corporate and other organizations	16,049	Fundraising	22,596
United Way	204,665		
Government grants and contracts	803,502	Total expenses	1,330,855
Program service fees	38,646		
Rental income	85,566	NET ASSETS:	
Membership dues	2,434	Beginning of Year as Previously Reported	1,075,686
Investment income	1,563	Change in Net Assets	54,211
		Net assets, end of year	\$ 1,129,897
Total revenues, gains and other support	1,385,066		

A complete audit report, prepared by an independent auditor, is available for review at the agency office.