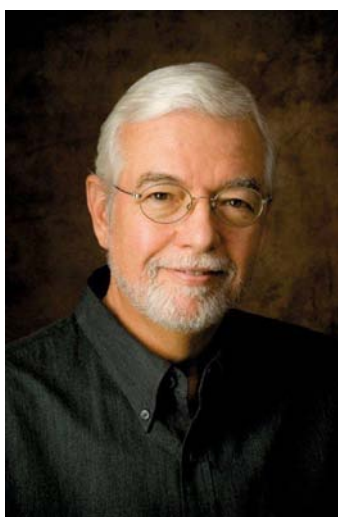


# Hypnosis for Health and Healing

Making the Most of Your Mental Illness Series

**Dr. Jay Peters** has been applying his extensive education and counseling experience for over 30 years in assisting individuals, couples, and families. The clients in his Overland Park, Ks. private practice can be assured quality personal growth, marriage enrichment, and spiritual development. Inspired by his many early years in ordained ministry, experience as an addiction specialist, and with ongoing education, he continues to learn new techniques in solution focused psychotherapy and hypnotherapy. Jay has a Masters in Counseling and a Doctorate in Ministry. He was the Clinical Coordinator and Aftercare Coordinator at the Shawnee Mission Medical Center's Addiction Recovery Unit and has been trained in hypnotherapy by the Missouri Institute of Hypnotherapy as a certified member of the National Guild of Hypnotists. He is a licensed Clinical Marriage and Family Therapist as well as a Licensed Clinical Professional Counselor.



**WHAT:** 1.5 hour educational program

**WHEN:** Thursday, February 23, 2012; 7:00 – 8:30 p.m.

**WHERE:** Old Mission United Methodist Church, 5519 State Park Rd. Fairway, KS 66205

**WHO SHOULD ATTEND:** This workshop will be of benefit to persons with depression and related mental health conditions, their families and significant others, as well as care providers. Anyone who has struggled to lose weight or make healthy lifestyle change will find this of interest. The community and healthcare professionals are welcome to attend.

After attending this program the participant will be able to:

- Understand how hypnosis can be effective with depression, anxiety, phobias, addictions, and a general healing of mental issues and emotional self-esteem.
- Describe effects in the use of hypnosis through the sharing of recent episodes where hypnosis was the treatment modality in resolving the presenting problem.
- Recognize the model of counseling called The Summit Experience which can be used as a map or guideline effective and influential in the healing of feeling controlled by inside/outside influences of control, marital conflict, addictions, and mental issues.

**REGISTRATION: Program is free. CEU's (Certificate of Attendance) available.**

Please complete form below and email/mail/fax prior by workshop to Stacy Davis at 913-281-2221 ext. 112 or [sdavis@mhah.org](mailto:sdavis@mhah.org). Making the Most of Your Mental Illness Series "Hypnosis for Health & Healing" Workshop on February 23, 2012 at Old Mission United Methodist Church is free.

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_ Fax \_\_\_\_\_

