

Grief, Loss and Grace

C.O.P.E. (Caring of People thru Edification) Series

Gloria Thomas Anderson, LMSW is a clinical instructor at the University of Missouri-Kansas City School of Social Work who teaches Grief and Loss, Child Welfare and Cultural Diversity. She is the author of "*The African-American Spiritual and Ethical Guide to End-of-Life Care—What Y'all Gon' Do With Me?*" and has presented nationally and internationally on this topic. Her passion is writing inspirational books and messages that encourage and inspire people's hearts and souls.



WHAT: 1.5 hour educational program

WHEN: Thursday, February 9, 2012; 5:00 – 6:30 p.m.

WHERE: Jamison Memorial Temple Christian Methodist Episcopal Church, 3115 E. Linwood Blvd., Kansas City, MO 64128

WHO SHOULD ATTEND: Persons with depression and related mental health conditions. Their families and significant others, as well as care providers may attend. The community and healthcare professionals are also welcome.

After attending this program you will be able to:

- Identify the four core areas of life that grief effects
- Discuss the grieving process
- Review some 'do's and 'don'ts' in helping others who grieve

REGISTRATION: Program is free. 1.5 CEU's (Certificate of Attendance)

To register please contact Stacy Davis at 913-281-2221, ext. 112 or sdavis@mhah.org or complete form and mail/fax prior to workshop. C.O.P.E. Series "Grief, Loss and Grace" workshop on February 9, 2012 at Jamison Memorial Temple Christian Methodist Episcopal Church is FREE.

Name _____

Address _____ City _____ State _____ Zip _____

Phone _____ Fax _____ Email _____



SUPPORT GROUP

You are also invited to attend the **FREE SUPPORT GROUP** that meets the 1st, 3rd & 4th Thursday of each month from 5:00 – 7:00 p.m. at this church. **Do you feel stressed in these uncertain times?** You are not alone—come join this group and be with others who can listen and give support. This support group is open to the public. **DO NOT REGISTER. IT IS CONFIDENTIAL.** Call 816-921-8126 for questions.