

**Do you feel stressed
in these uncertain times?**



Do you feel overwhelmed?



Do you feel depressed?



You are not alone...

**- COME JOIN US -
as we support each other**



FREE

MORE INFO

**YOU ARE INVITED
to attend our FREE
ongoing support groups on
the 1st, 2nd, 4th & 5th
Friday of each month
from 6:30 p.m. - 8:30 p.m.**

Heart to Heart Wellness Series

Faith Deliverance Family Worship Center

3043 State Ave. Kansas City, KS 66102

Call 913-321-5220, ext. 11 for more information
go online www.mhah.org and click on calendar of events
(Pre-registration not necessary)



Groups are FREE & open to the public

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