2006 MENTAL HEALTH ASSOCIATION DONORS

Members: William Art, Tracey Blaylock, Dick Brumbaugh, Joy Butterfield, Kathy Calvert, Phil Chiles, Tom Cranshaw, Angela Dale, Gary Evert, Ernie Gauthier, LCSW, Andy Geoghegan, James Glenn, Bill Hankins, Terry Harbert, Sue Haynes, Randy Johnson, Ann Jones, Erlene Krigel, Ellen Laner, Jeffrey Lewis, Michael Lubbers, James Malouff, III, Katie McCune, Molly Merrigan, Erin Miller, Jeffrey Montolio, Sarah Myers, Cathy Nix, Stephen O'Neill, Jeanette Paugh, Lee Rathbone-McCuan, Mary Richardson, Cynthia Schendel, Mary Schuele, Michele Shaw, Michelle Stelmach, Eddie Taylor, Lillie Trimble, Delois Tucker, Richard Vogel and Phil Witt.

Individuals (including Combined Federal Campaign/United Way Donor Designations): Keith & Laurie Anderson, Bryan Kent Ashcraft, Shellie Arriaga, Susan Bellis, Marie Bernhard, Mary Ann Bunyard, Tracey Blaylock, Laura Bond, Kevin Brown, Dick Brumbaugh, Kate Buchta, Jeffrey Byrd, Phil Chiles, Carol Clark, Matthew Clune, Marva Combs, Steven Davis, Betty Donell, Sandy Downs, Robert Dueck, Pam Eckerson, Katherine Eike, Frank Esparaza, Jr., Gary Evert, Richard Fried, Michael Greenspan, Terry Harbert, Emily Hartley, SBC Hauw, Sue Haynes, Joseph Hogan, Jr., Lois Hohn, Brenda Cheri Hollis, Mia House, Ann Jones, LaTisha Kelly, Nina Beth Kletting, Adrienne Kordalski, Clarence Kowalewski, Susan Lebovitz, Eloise, McCuan, Katie McCune, Frank Meier, Catherine Miller, Laura Morlan, Fakhreddin Nasseri, Franklin Neff, Jeannette Nichols, Cathy Nix, Brianna Power, Lee Rathbone-McCuan, David Rein, Petra Robinson, Cynthia Saddler, Angel Sappington, William Scaife, Jr., Gloria Scott, Jason Sorensen, Elaine Stroud, Tony Terwelp, Lillie Trimble, Delois Tucker, Booma Venkataraman, Desiree Vitale, Richard Vogel, Christopher Waddell, Sadonia Weatherspoon, Kerry Wilson, and (2) Anonymous Donors.

Corporations and Organizations: American Legion Ladies Auxillary, Burdge Charitable Trust, Coalition for Homeless Concerns, Inc., Four County Mental Health, Geiger Ready-Mix, Greater Kansas City Community Foundation, The Guidance Center, Healthcare Foundation of Greater Kansas City, Heart of America United Way, HOMEFRONT, Kanza Mental Health Center, Mental Health Association of Greater St. Louis, MOCSA, National Institute of Mental Health, National Mental Health Association, Sisters of Charity, United Way of Johnson County, REACH Healthcare Foundation, reStart Inc., Swope Health Center, United Way of Wyandotte County and Wyandot Center for Community for Behavioral Healthcare Inc.

Memorials: In memory of Howard Dale McBride, Sr.: Gary Thomas. In memory of Dale Owens: Sharon Owen. In memory of Julius Wasbutsky: The Marine Department of Petter Supply and Robert Petter, Jr. . In memory of Catherine "Kitty" Conley: Hallmark Cards.

Government: Missouri Department of Mental Health, U.S. Department of Housing & Urban Development, Johnson County Mental Health Center, State of Kansas Department of Social and Rehabilitation Services, and Wichita State University.

Special Events: Bike 4 the Brain, Macy's "Shop for a Cause", Prior Attire and Womanade.

Thank you for your generous donations. Your gifts enable the Mental Health Association of the Heartland to further our mission of promoting the mental health of the community and improving the quality of life for persons with mental illness.

For more information on becoming a MHAH member, or if you wish to donate contact:
Susan Crain Lewis (913) 281-2221 ext. 122 or Ann M. Jones (913) 281-2221 ext. 125.

Mental Health Association of the Heartland is a registered 501c3 not for profit organization eligible to receive charitable contributions.

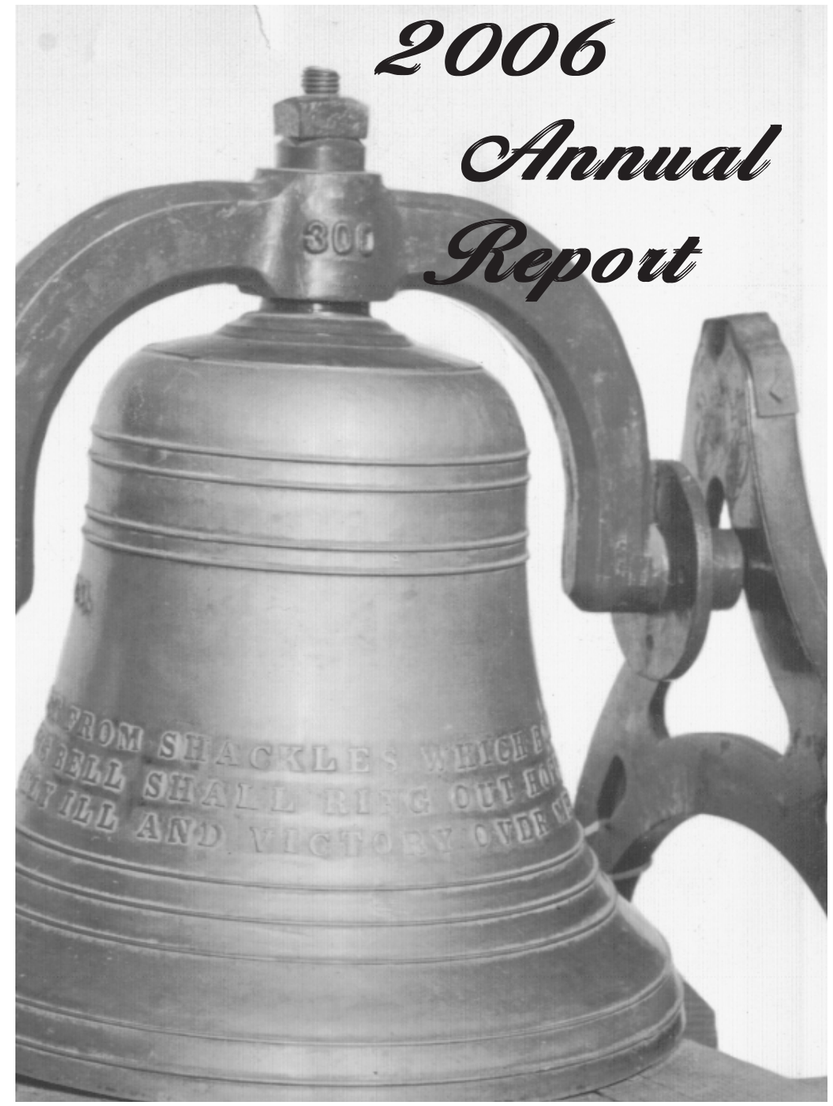
Funded through United Way

MHA Mental Health America Member

Mental Health Association
of the Heartland
Advocacy, Education and Support in Kansas and Missouri
739 Minnesota Ave.
Kansas City, KS 66101

Mental Health Association
of the Heartland

Advocacy, Education and Support in Kansas and Missouri



2006 Annual Report

739 Minnesota Ave. ***Kansas City, Kansas 66101***
(913) 281-2221 ***www.mhah.org***

2751 Campbell St. ***Kansas City, Missouri 64109***
150 Marion St. ***Leavenworth, Kansas 66048***

Our Vision

Mental Health Association of the Heartland envisions a just, humane and healthy society in which all people are accorded respect, dignity and the opportunity to achieve their full potential free from stigma and prejudice.

Our Mission

Mental Health Association of the Heartland is dedicated to promoting the mental health of the community, and improving the quality of life of persons with mental illness, through advocacy, education and support.

MEMBER National Mental Health Association

Funded through United Way

Board of Directors 2006

Phil Chiles, Chair

Lee Rathbone-McCuan, Chair Elect

Cathy Nix, Treasurer

Delois Tucker, Secretary

Tracey Blaylock	Eric Collins
Gary Evert	Bill Hankins
Terry Harbert	Katie McCune
Lorraine Murray	Sue Parkman-Haynes
Richard Vogel	

MHAH Staff 2006

Susan Crain Lewis	*President/CEO*
James Glenn	*Senior Vice-President, Housing and Community Services*
Richard Brumbaugh	*Vice-President, Finance*
Shellie Arriaga	*Director, Mental Health Promotion*
Marie Bernhard	*Coordinator, Shelter Plus Care and Information & Referral*
Jacques Cole	*Coordinator, A.N.S.W.E.R.*
Randy Johnson	*Director, Advocacy & Support Services*
Ann M. Jones	*Assist. to President/CEO & Communication Coord.*
Simon Messmer	*Residential Counselor*
James McMillian	*Residential Counselor*
Petra Robinson	*Coordinator, Compassionate Ear*
Cynthia Saddler	*Residential Counselor*
Tony Terwelp	*Peer Advocate*
Melody Tillman	*Comptroller*

WASAs

Susan Bellis	Gloria Brown
Joy Butterfield	Louis Cain, III
Bonnie Castro	Mindy Goldstein
Lois Hohn	Regina Sturgis
Eddie Taylor	Mayella Villegas
Thomas Ward	

2006 Interns

Stephen O'Neill	Vivica Snype
Ginger Stanley	

From the Chair

Phil Chiles, Chair

2006 was an exciting year – one which culminated in a beautiful celebration of 10 years as a merged organization serving consumers, family members, professionals and the general public across the entire Metropolitan area.

The event, held in November at the Public Library's Helzberg Room, was keynoted by Cynthia Wainscott, Immediate Past President and Past Board Chair of Mental Health America (our national organization) and emceed by Anne Peterson, long time friend and Board committee member of the Mental Health Association of the Heartland. A look-back at key events and milestones for each of our 10 years, and a call to action to continue our mission, and to promote recovery for persons with mental illness, and mental wellness for all, were highlights of the evening.

2006 saw the launch of our Housing to Homes Initiative, a program which provides technical and practical help to other organizations, locally and regionally, which wish to replicate our award winning, highly effective model of permanent supportive housing. Throughout our history, MHAH has been a catalyst and collaborator in meeting the needs of the community and of persons with mental illness. Safe decent affordable housing remains the #1 need of persons with mental illness, nationally and locally, and is for many a precursor to and platform from which recovery efforts are made. By ourselves, it takes 2 years to develop and build 12 units. Through Housing to Homes, we can help the community develop ten times that many in the same amount of time.

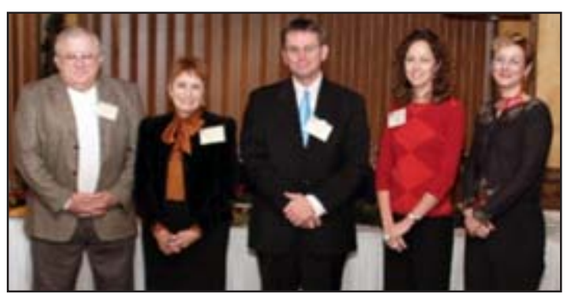
We were also pleased this year to secure several new funding sources for our programs, and to partner with local business and social groups to raise visibility of our programs and unrestricted revenue for the organization. These partnerships also allowed us to spread our key messages: "mental illness is real, common and treatable" and "recovery is possible."

It is my fervent hope that over the next 10 years, in partnership with friends and funders, stakeholders, collaborators and partners, every person in the Kansas City area will hear and understand our messages – and recovery will become not just possible, but inevitable.

On behalf of the Board and Staff, I thank you for the support and interest you have shown the agency, this year, and in years past, and I encourage you to remain involved as we enter an exciting new decade.

Phil Chiles
Mental Health Association Board Chair

Installation of New Board Members



Pictured: Left to Right: Terry Harbert (outgoing Chair), Lorraine Murray, Bill Hankins, Katie McCune (new Board members), Susan Crain Lewis (President & CEO.)

Programs

Advocacy & Recovery Support promotes the recovery and integration of individuals with mental illness into the community by providing peer and/or professional support services, advocacy (Individual, Systemic and/or Legislative), linkage, and intervention to ensure full receipt of and benefit from traditional psychiatric and social services. Three services currently under the Advocacy & Recovery Support are:

WASA (Wellness and Support Advocate) is a collaboration that places mental health consumers in positions of trust and responsibility within partnering social service organizations. In 2006 partner agencies were Rose Brooks (a domestic violence shelter), KC Free Health Clinic, reStart (a homeless shelter), Wyandot Center for Behavioral Healthcare Inc./ Housing Authority in Kansas City, Kansas, El Centro, Coalition for Independence, and 2 MHAH permanent supportive housing sites.

2,860 Peer Support Hours 588 Advocacy Hours
902 Persons Served

Compassionate Ear Warmline is a consumer-run listening service with a toll free number, which operates from 4 p.m. to 10 p.m. daily, including holidays. The Warmline offers non-crisis supportive listening, coping strategies, information, and a reprieve from loneliness or isolation. This program also provides human service training and esteem-building employment opportunities for persons with mental illness.

1,052 Listening Hours 2,633 Calls

Leadership Development and Technical Assistance supports individual consumer leaders in contributing their voice, wisdom and expertise to the continued transformation of the mental health system in Kansas.

Heartland Housing Initiative works to increase access to permanent, safe, decent, and affordable housing by developing housing options for individuals and families with mental illness or who are otherwise disabled. The Initiative researches successful, nationally recognized model housing programs, replicates these programs in the bi-state region, and provides technical assistance to other agencies and communities wanting to replicate our permanent supportive housing model.

Heartland Housing activities include owning and managing supportive housing units, processing rent subsidy vouchers (such as Shelter-Plus-Care), and providing housing assistance, advocacy, and community coalition building.

In addition, "Housing to Homes" (HtoH) was launched in 2006. HtoH is a project which provides technical assistance and support to nonprofit organizations, coalitions, governmental entities and private landlords wishing to replicate our permanent supportive housing model.

170 Persons Housed 2,523 Hours of Support and Linkage
15 New Units Developed through HtoH

Mental Health Promotion, formerly named Community Education and Information and Referral, provides information about mental illness, recovery, and treatment, to eradicate stigma, encourage and assist people to seek treatment, translate new knowledge into clinical practice, and improve treatment and services.

The program works collaboratively to tailor and present educational workshops and seminars, health fairs and media spots, and telephone based information and referral services to persons with mental illness, their family members, the professionals who work with them, and Kansas Citians at large. In addition the program publishes a comprehensive regional listing of self-help and support groups entitled "In the Company of Others" and maintains a well stocked video and print lending library.

539 Hours of Education and Service 2,802 Persons Educated
38 Educational Events 2,001 Information and Referral Requests

A.N.S.W.E.R. (Adolescents Never Suicide When Everyone Responds) provides suicide prevention information, education, and resources to adolescents, parents and educators. The program identifies the risk factors and warning signs of depression and suicide, acknowledges common myths and misconceptions, and facilitates seeking help for depression and suicidal thoughts through both presentation content and one-to-one outreach and service linkage. A.N.S.W.E.R. also offers consultation on suicide prevention and postvention policies, procedures and resources to schools and organizations.

5,545 Participants 27 Schools Served

Mental Health Association of the Heartland

Selected Audited Financial Information
Year Ended December 31, 2006

REVENUES, GAINS AND OTHER SUPPORT		
Contributions and Grants:		
Contributions		176,481
Corporate and other organizations		16,049
United Way		204,438
Government grants and contracts		1,057,353
Program service fees		69,349
Rental income		91,505
Membership dues		2,906
Investment income		4,412
Temporary Restricted Net Assets	199,996	
Net assets released from restrictions	(143,028)	
Decrease in restricted net assets	(1,500)	
Increase in Net Assets		56,968
Total revenues, gains and other support		1,806,440
EXPENSES:		
Program services		1,596,876
Support Services:		
Management and general		126,860
Fundraising		27,236
Total expenses		1,750,972
NET ASSETS:		
Beginning of Year as Previously Reported		1,129,897
Change in Net Assets		55,468
Net assets, end of year		$ 1,185,365

A complete audit report, prepared by an independent auditor, is available for review at the agency's offices.