

# Hope and Resiliency through Trauma

Spring Workshop Series:

## **Fostering Hope in Children- Dr. Diane McDermott**

April 17th, 1:00– 4:00 p.m.

YWCA, 1017 N 6th St., Kansas City, KS 66101

## **Helping Children Cope with Trauma- Mike Boniello, LSCSW**

May 21st, 9 a.m.– 12:00 p.m.

West Wyandotte Library, 1737 N. 82nd St., Kansas City, KS 66112

## **Biological Impact of Trauma - Dr. Rick Gaskill**

July 23, 2008, 1:00 – 4:00 p.m. *(Rescheduled from May 5th)*

West Wyandotte Library, 1737 N. 82nd St., Kansas City, KS 66112

The Mental Health Association of the Heartland, through the Wyandotte County Children's Services Coordinating Council, offers a series of workshops for parents and professionals who work with children with severe emotional disturbance to teach ways to foster hope and resilience in children, particularly those in difficult situations, to better understand the brain biology and development specifically related to trauma, and to learn positive techniques in working with children who may have experienced trauma.

### **Participants will :**

- Increase knowledge of prevention strategies that engender hope and resiliency in children through positive reinforcement, realistic goal-setting and building on strengths
- Increase understanding of the basic brain development and the biological base of trauma and how that relates to our interactions with children
- Increase knowledge of children's reactions and behaviors related to trauma and how to intervene in positive, effective ways

### **Registration Fee is \$35.00 per class (Limited Seating)**

Registration is waived for Wyandot Center Staff, Active Members of Wyandotte County Children's Coordinating Council and for Parents of Special Needs Children currently served in Wyandotte County (Childcare stipends are available upon request for families served in Wyandotte County).

Doors Open for Sign-In 30 minutes prior to start time. Light Refreshments will be served.

**Certificate of Attendance for CEUs available.**

## **Dr. Diane McDermott- Fostering Hope in Children, April 17th**

Dr. McDermott has her Ph.D. in counseling and 35 year of experience teaching counseling psychology at the University of Kansas. With Dr. C.R. Snyder, Dr. McDermott has written three books, dealing with the development and enhancement of hope in adults and children in addition to a number of research studies examining hope in special populations. Dr. McDermott will present ways to help children develop hopeful thinking, which can lead them to overcome obstacles and set realistic and reachable goals. Dr. McDermott will present a model of hope used in her research and training, based on goal setting, empowerment, and prevention of hopelessness, particularly in children who are struggling with mental health or other significant issues.

## **Mike Boniello, LSCSW- Helping Children Cope with Trauma, May 21st**

Mike Boniello is a licensed clinical social worker in both Kansas and Missouri. He has been in private practice for the past 17 years in Prairie Village, Kansas, where he has specialized in trauma recovery, sexual compulsivity, and the treatment of sex offenders. He has been a faculty member at the University of Kansas for the past ten years where he has taught Clinical Social Work Supervision, Advanced Clinical Practice, Mental Health and Psychopathology, and Social Work with Traumatized Populations. With the sensitivity and support of families and professionals, children effected by trauma or struggling with Post Traumatic Stress Disorder (PTSD) can learn to manage the memories of the trauma and go on to lead healthy and productive lives. Mr. Boniello will help professionals and parents learn about the biological, psychological, interpersonal and spiritual ramifications of trauma. Participants will build knowledge of the diagnostic considerations regarding trauma-related disorders and interventions associated with them.

## **Dr. Rick Gaskill- Biological Impact of Trauma, July 23rd (rescheduled from May 5)**

Dr. Gaskill is a Child Trauma Fellow and the Clinical Director at Sumner Mental Health Center in Wellington, Kansas. In his work with children, Dr. Gaskill has developed numerous programs for children and their parents; including child development classes, parenting classes, child-parent relationship training, attachment enhancement treatment groups, therapeutic alternative schools, therapeutic preschools, after school programs, and juvenile offender programs. By understanding basic principles of brain development, teachers, parents, and professionals can better understand and manage children's behavior and find ways to reach "difficult" children to help them learn more adaptive methods of managing their lives. Dr. Gaskill will explain the brain development in children and the biological base of trauma. He will touch on the power of social and emotional development in young children, and how it can positively affect the developing brain.

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# **Hope and Resiliency through Trauma Workshop Series**

**Sponsored by:** The Wyandotte County Children's Services Coordinating Council,  
Wyandot Center for Community Behavioral Healthcare, Mental Health Association of the Heartland

**Registration:** Please complete information below, detach and mail / fax form at least 1 week prior to workshop to:  
Emily Meissen-Sebelius, Mental Health Association of the Heartland, 739 Minnesota Ave., Kansas City, KS 66101.

For workshop information: **Phone:** 913-281-2221 Ext. 130 **Fax:** 913-281-3977 **Email:** [emsebelius@mhah.org](mailto:emsebelius@mhah.org)

**Checks can be made to the Mental Health Association of the Heartland.**



Mental Health Association  
of the Heartland

Advocacy, Education and Support in Kansas and Missouri

- \_\_\_\_\_ Thursday, April 17, 2008– Fostering Hope in Children (\$35)\*  
\_\_\_\_\_ Wednesday May 21, 2008– Helping Children Cope with Trauma (\$35)\*  
\_\_\_\_\_ **Wednesday July 23, 2008** (rescheduled from May 5)– Biological Impact of Trauma (\$35)\*

**\*Registration is waived for Wyandot Center Staff, Active Members of the Wyandotte County Children's Coordinating Council and for Parents of Special Needs Children currently being served in Wyandotte County.** (Childcare stipends are available upon request for families currently served in Wyandotte County).

**Name** \_\_\_\_\_ **Organization** \_\_\_\_\_

**Address** \_\_\_\_\_ **City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Phone** \_\_\_\_\_ **Fax** \_\_\_\_\_ **Email** \_\_\_\_\_

- \_\_\_\_\_ Yes, I am staff of an active member of the Wyandotte County Children's Coordinating Council  
\_\_\_\_\_ Yes, I am the parent of a special needs child being served within Wyandotte County.  
\_\_\_\_\_ Yes, I would like to be placed on a mailing list/list serve to receive further notices of upcoming workshops.